

### From the Desk of Mark Blane



#### **How Frivolous Defenses Impact Your California Personal Injury Case**

We have all heard of **Frivolous Lawsuits**, but how many of us have heard of Frivolous Defenses? We should all be equally against **Frivolous Defenses** as we are with Frivolous Lawsuits. Why? Because a Frivolous Defense gets no further to the truth than a Frivolous Lawsuit by not being fair, equitable or furthering the community interests of maintaining an impartial and balanced court system.

Just like we want credible lawsuits to move forward when necessary, we want credible defenses to those lawsuits when necessary. Just like in Contract law we have a fair "quid pro quo" ("something for something"), which created in Contract law the concept of not supporting "unfair advantage" in any contract dealing. In essence, our entire justice system is based on reciprocal fairness of the parties.

Watch Video

# The 5 Big Benefits of Having Medical Pay on Your Car Insurance

Medical Pay in California is available under your automobile insurance in California as a "voluntary add-on." This means it is not required by California law, but rather elective by you. I ALWAYS recommend a person to have medical payments under their car insurance because it is like having extra health insurance under your car insurance that will pay for medical bills that require payment right away, to help to protect your credit. Sometimes your private health plan does not pay for everything, or you have co-pays that are owed. Yes, you will get a settlement at some future point, but sometimes your medical bills need

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### Success Story

## Insurance Company Tries to Blame the Victim for Her Dog Bite Injuries

My client, a neonatal physician, was walking her dog when a neighbor's dog charged them. A scuffle ensued, and my client sustained injuries to the top of her foot, right leg, right hip, and stomach. She also fractured one of the fingers on her left hand and underwent two surgeries to repair that injury.

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#### Feature Article

## When to Accept a Structured Settlement in Your Auto Collision Case



Most auto wreck claims are settled out of court, and the proceeds are paid in a lump sum payment. However, there are situations when it's better to be paid through a structured settlement where you receive the payments over time. If you're considering this option, it's important to understand what a structured settlement is and when it may be in your best interest to agree to it.

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## Stay in the Know



## Should I represent myself in my car accident claim?

**Get the Answer** 



# How can witnesses help you win your California dog bite claim?

**Get the Answer** 

## Help for Accident Victims and Their Families



Attorney Mark C. Blane has written and published several legal help books for injured folks in California, and they're available to you for **FREE**!

These books are a great source of valuable legal information. They offer insider information on what you need to know before calling a lawyer as well as insights the insurance companies would rather keep to themselves!!!

Download a Free Book Today!

Smoothie of the Month



**Sweet Potato Smoothie** 

This special sweet potato smoothie, aka "Thanksgiving in Your Mouth" is perfect to keep you healthy & festive all through the fall. This smoothie is the next best thing to a pumpkin spiced latte... and WAY healthier. Serve with a dash of nutmeg on top. Recipe courtesy of <u>Simply Green Smoothies</u>.

#### **Ingredients:**

- 1 cup spinach
- 1 cup almond milk
- 2 tablespoon water
- ½ sweet potato (cooked (see notes))
- 1 cup mango (frozen)
- ½ teaspoon ground cinnamon
- ½ teaspoon ground nutmeg
- 1 serving Protein Smoothie Boost (optional)

#### Instructions:

- Blend spinach, almond milk and water until smooth.
- Next add remaining ingredients and blend again.
- Serve with a dash of nutmeg on top.

Enjoy!

## What Clients Have to Say About Working With Us

"I had the best experience with the Law Offices of Attorney Mark Blane! I sent an inquiry to his office and was contacted in a timely manner. I appreciate Mr. Blane taking time to reach out to me directly. He is very kind, courteous and professional. Mr. Blane's advice, expertise, and experience helped point me in a good direction when I didn't know what steps to take. He is very down to earth and easy to communicate with. Thank you, Mr. Blane for the much needed assistance from your office! If you need a good attorney, I highly recommend reaching out to Mark Blane!"

- Donna Wallace

