

From the Desk of Mark Blane



Santa's Little Helper

'Tis the season to be jolly! Christmas is just around the corner, so it is time to celebrate my favorite holiday of the entire year!

As the winter nights get longer and colder, we all prepare for the coming Spring with the Christmas Holiday Season. The sights of Christmas decorations come out in every neighborhood, and the smells of gingerbread are in the air!

Persimmon fruits are now in season at the local stores and farmers markets, everyone is joyful, and caroling encourages the Christmas spirit. Santa's little helpers are in high demand too. Speaking of which, and since this is Sophia's "SECOND official Christmas," we dressed her as a "Santa's little helper" in an outfit she was now able to choose herself, and she was excited to do so!

She sure had a good time dressing up, and looking at the Christmas tree and its decorations...especially when the Christmas tree lights came on!

The 5 Big Benefits of Having Medical Pay on Your Car Insurance

Medical Pay in California is available under your automobile insurance in California as a "voluntary add-on." This means it is not required by California law, but rather elective by you. I ALWAYS recommend a person to have medical payments under their car insurance because it is like having extra health insurance under your car insurance that will pay for medical bills that require payment right away, to help to protect your credit. Sometimes your private health plan does not pay for everything, or you have co-pays that are owed. Yes, you will get a settlement at some future point, but sometimes your medical bills need payment right away.

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Success Story

Double Policy Limit Recovery for Neck Injury Caused by Distracted Driver

My client was seriously injured by a distracted driver who was traveling too fast for the traffic conditions. The at-fault driver rear-ended my client, pushing the car forward into another vehicle and causing a preventable multi-vehicle collision. My client ultimately required multiple cervical fusion surgeries.

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Feature Article

What You Need to Know About Pedestrian Traumatic Brain Injuries



While pedestrian accidents are not as common as car accidents, they can be much more catastrophic. One of the most common injuries that pedestrian

accident victims suffer is traumatic brain injury (TBI). If a loved one or you were struck by a vehicle while walking, it's important to understand the symptoms of a TBI and the long-term consequences it can have on your life.

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Stay in the Know



How much is my bicycle accident claim worth?

[Get the Answer](#)



What are five ways that truck accidents are different from car collisions?

[Get the Answer](#)

Help for Accident Victims and Their Families



Attorney Mark C. Blane has written and published several legal help books for injured folks in California, and they're available to you for **FREE!**

[These books](#) are a great source of valuable legal information. They offer insider information on what you need to know before calling a lawyer as well as insights the insurance companies would rather keep to themselves!!!

[Download a Free Book Today!](#)

Smoothie of the Month



Candy Cane Smoothie

Prepare for a very happy holiday season with this sweet, pepperminty smoothie! Everything you love about candy canes is condensed into this super fun, fruit-filled cooler. A perfect dairy-free, soy-free, and gluten-free holiday snack or delightful after-dinner dessert! Recipe courtesy of [World of Vegan](#).

Ingredients:

- 2 frozen bananas
- 1½ cups of sweetened, vanilla almond or oat milk (or plant-based milk of choice)
- 1-2 tablespoons of agave nectar or sweetener of choice
- ¼ teaspoon of peppermint extract
- ½ teaspoon of vanilla extract
- Scant ½ tablespoon of frozen dragonfruit or ¼ teaspoon of freeze-dried dragonfruit
- 1-2 vegan-friendly peppermint candy canes, optional

Instructions:

- Add one of the candy canes to the plastic bag and seal well. Use a rolling pin or heavy pan to crush the candy cane into very small pieces. Put to the side for later.
- Add the frozen bananas, dragonfruit, plant-based milk, dragonfruit, and extracts into the blender. Blend for one minute or until smooth.
- Pour the finished smoothie into one large or two small glasses or mason jars. Sprinkle the tops with the crushed candy canes, add a pretty holiday straw, and enjoy immediately!

Enjoy!

What Clients Have to Say About Working With Us

"I HIGHLY recommend Mr. Blane to handle your case, as it will make whatever injury situation you are in flow a lot smoother and that way you can focus more on recovering. He will definitely fight for you and help you obtain the best settlement possible! I would also like to add that Mr. Blane arranged for my husband's

treatment with amazing doctors, so I can say he really cares for his clients and makes sure they get the best treatment. We had a great experience with Mr. Blane, so we are extremely thankful and will recommend him to anyone who's in a personal injury situation."

- Elizabeth Garcia

