

From the Desk of Mark Blane



Important News: What To Review in a Police Report

If you have a traffic collision report in your California personal injury case, then you want to make sure you review some of the more important items inside the report. In this video, I distill the top four items to review. I would say witness statements are critical, especially if the at-fault party is disputing fault. An experienced personal injury lawyer in California will look for what is called "independent witnesses" that are credible. This means no one inside your car, or witnesses that know you. We want 100% independent witnesses.

I am a San Diego personal injury lawyer. If you have been injured, or someone you know has been injured, because of another person making an unsafe choice, be sure to grab my [FREE California Injury Legal Survival Guides](#), which are available on my website.

I take questions on injury cases every day, and I can be reached at **619.813.7955**. With that, I hope you enjoy the video, and as always, stay strong!

—Mark

P.S. Be sure to scroll to the bottom of this newsletter for my monthly smoothie recipe—it's healthy and delicious!

[Watch Now](#)

Success Story

Elderly Lady Gets Justice on a Trip & Fall Case

Our elderly client tripped and fell over an ill-placed parking block in a handicap parking spot directly in the path of walking patrons to a local restaurant in San Diego. She suffered numerous injuries, and required surgery. The restaurant's insurance agency tried to settle cheap, but we were up to the challenge.

[Read More](#)

Feature Article

Top Mechanical Failures That Contribute to Serious Auto Collisions and Injuries



While unsafe driving practices are often the cause of a car accident, in some cases there could be other reasons for the crash. Mechanical problems due to a lack of maintenance or defects in auto parts can cause or contribute to a tragic wreck.

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Stay in the Know



What happens if I was partially at fault for causing my dog bite?

[Get the Answer](#)



Could the insurance company be spying on me?

Get the Answer

Help for Accident Victims and Their Families



Attorney Mark C. Blane has written and published several legal help books for injured folks in California, and they're available to you for **FREE!**

These books are a great source of valuable legal information. They offer insider information on what you need to know before calling a lawyer as well as insights the insurance companies would rather keep to themselves!!!

Download a Free Book Today!

Smoothie of the Month



Pineapple Whip Non-dairy Smoothie

This 3 ingredient non-dairy smoothie recipe is a healthier version of the pineapple whip frozen dessert you can get at the Disney theme parks. Fresh pineapple is blended with almond milk and a touch of honey for a delicious frozen treat. [Recipe courtesy of itsyummi.com.](#)

Ingredients:

- 1 pound (2 cups) frozen pineapple chunks
- 8 ounces (1 liquid cup) unsweetened vanilla almond milk
- 1 tablespoon raw organic honey (optional)

Instructions:

- Place all ingredients into the bowl of a high speed blender. Mix on high speed until creamy and blended, about 2 minutes. Stop the blender and scrape down the sides of the bowl during blending, as needed.
- If you like a thinner consistency, add 4 extra ounces of almond milk and you'll be able to drink this pineapple whip easily from a straw. Otherwise, use a spoon and dig in!

Enjoy!

What Clients Have to Say About Working With Us

"I was on the 805 North...I look in my rear-view mirror and realize that someone is speeding towards me, and just slammed right into the back of me. The back of my car was completely caved in, so immediately my back and neck were in tremendous pain. It was really scary and it took a while to get back on the road. One of the reasons that I went to Mark was because I was starting to get a ton of bills from my insurance company, plus the fact that I was working reduced hours because of the pain in my back. I did not have any money to cover it, it was super scary, and super intimidating. My father and I went to Mark's office, and he really just comes across as someone who is really friendly...that I can trust him, and that I can contact him anytime for questions. Once Mark was handling my case, I could not have been happier. So I really can recommend him and I wish that I had done it earlier."

- Christa Bragg

