

From the Desk of Mark Blane



Without the rules of safety, this world would be a very dangerous place, indeed. But imagine a world where everyone obeys all of the safety rules all of the time. This doesn't have to be a dream. It starts with each of us acting as role models of safety for ourselves and others—and by holding people accountable when they cause harm to others.

Since 1999, I have been helping people who have been injured due to the unsafe choices of others. ***Serious results for serious injuries is my "drumbeat."*** I hold at-fault parties accountable for their actions and fight the insurance companies to obtain a fair result for my clients. This forces people to be more careful, which, in turn, prevents additional unnecessary injuries and makes our community safer.

[Watch this video](#) to see testimonials from my clients who were injured in personal injury accidents, including car crashes, dog bite injuries, slip and falls, defective products, assault injuries, child injuries, pedestrian and bicycle accidents. I think you will be interested in what they have to say about their cases and the services I provide.

And if you or someone you know has been injured by some other person not being careful enough, please call me direct at (619) 813-7955. I will be more than happy to speak with you for free and point you in the right direction for your injury case. Stay strong.

-Mark

PS. Don't forget to scroll down and check out my smoothie recipe. I share a different one each month.

[Watch My Video](#)

Success Story

Married Couple Receives \$515K for Interstate Rear-End Crash

Our clients were injured when their car was rear-ended on Interstate 5. It was evening, and traffic ahead of them had come to a full stop due to freeway construction. They were struck from behind at a high rate of speed, which caused significant injuries to the driver and minor injuries to her passenger.

[Read More](#)

Feature Article

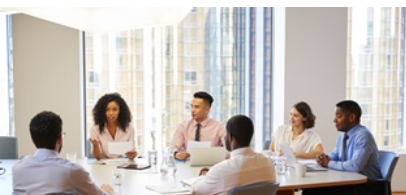
Risks Pregnant Women Experience During an Auto Collision



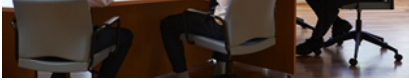
While anyone can suffer serious injuries in a car accident, the dangers to a pregnant woman and her fetus can be even greater. A normal pregnancy can suddenly become a high-risk one, and the child could suffer permanent injuries that have devastating effects on their health and quality of life.

[Read More](#)

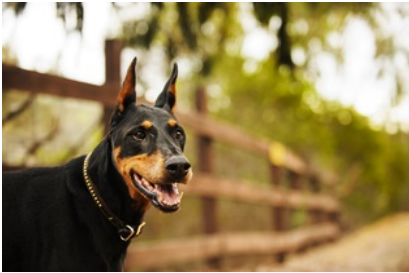
Stay in the Know



What will happen at the court hearing to approve my child's personal injury settlement?



Get the Answer



Who could be held financially responsible for my dog bite injuries?

Get the Answer

Help for Accident Victims and Their Families



Attorney Mark C. Blane has written and published several legal help books for injured folks in California, and they're available to you for **FREE!**

These books are a great source of valuable legal information. They offer insider information on what you need to know before calling a lawyer as well as insights the insurance companies would rather keep to themselves!!!

Download a Free Book Today!

Smoothie of the Month



Vegan Eggnog Smoothie

Here's a healthy vegan smoothie that tastes like a traditional glass of eggnog. It's rich and full of flavor, but without the heavy caloric price tag. [Recipe courtesy of PopSugar.](#)

Ingredients:

3 cups almond milk
1 banana
1/2 teaspoon nutmeg, freshly ground
1 teaspoon almond extract
2 dates, pitted

Instructions:

In a high-speed blender, blend all ingredients until smooth.

Enjoy!

What Clients Have to Say About Working With Us

"I thought I would honestly be okay, but it turns out that I really, really was not. Mark really stepped up for me, and put together a demand package, and he really saved me in doing that. Without his help, I certainly would not have been able to sustain myself and recover. You know it is not just about the money for him...you know it is not about, bang, bang, see you later. You know, it is not like that, it is more personable. So, it is now going to be all okay, and we are moving on to bluer skies."

-Scott Moree

